

Collection Date: 26-Oct-2013
Collection Time(s): 8:30 am
Sample Received: 01-Nov-2013
Reported On: 28-Nov-2013

Saliva Hormone Test

Provider: Client: Age: 50

Phone:

Jane Doe DOB: 01-Jun-1963

Gender: F

Status: Irregular

Cycle Day: 50

Phone:

Fax:

Hormone Panel Sample Report

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Hormone	Status	Result	Range	Units
DHEAS	Within range	4.4	3.0 - 11	ng/mL
Cortisol AM	Low	0.5	0.90 - 9.5	ng/mL
Cortisol Noon	Within range	1.1	0.50 - 1.9	ng / mL
Cortisol PM	Low end of range	0.46	0.40 - 1.5	ng / mL
Cortisol Night	Low end of range	0.34	0.22 - 1.0	ng / mL

Test Interpretation

Symptoms which correlate reasonably well to low morning cortisol include anxiety, increased tendency to allergies, morning sluggishness, feeling tired but wired, headaches, irritability, muscle aches and problems with memory.

These symptoms will not necessarily all be present in every individual with low morning cortisol. Note that some individuals using inhaled or topical glucocorticoids can exhibit low morning cortisol and these people are often asymptomatic.

Eric Muradov ND Medical Director TruMed